

HOW TO USE JOO MO[®]



HOW TO USE JOO MO[®] IN YOUR STORE, NO MATTER WHAT PRODUCTS YOU STOCK:

JooMo[®] can be easily incorporated with your existing product lines and in-salon treatments!

✓ With 'In-Salon' Treatments and other skin products:

Pre-treatment as a cleanser - after all makeup is removed. Squeeze a pea size amount on the fingertips, mix with water and massage into the skin. Rinse off with water.

For skin health - after makeup removal and cleansing and before the rest of your skin treatment begins, mix a teaspoon of JooMo[®] face wash with a teaspoon of water. Mix well and apply with a mask brush to the face and neck, and leave on for 5-10 mins. This will encourage a healthy *skin microbiome* - it's *like gut health but for the skin!*

Laser and IPL - use before the treatment as a cleanser.

Needling - use before the treatment as a cleanser.

Microdermabrasion and Peels - pre & post treatment as a cleanser and as a skin health therapy.

✓ On its own - use as a cleanser and for skin health.

JOO MO[®] FOR HOME USE:

✓ **As a cleanser** - use daily after makeup is removed. Squeeze a small amount onto finger tips, mix with a little water and massage all over the face and neck. Rinse off with water.

✓ **For skin health** - treatment for *microbiome support*. Apply as above and leave on the skin for 3 to 5 mins, Rinse with water to remove.

✓ **For spots** - apply a small amount overnight on any skin problem e.g. a pimple, spot of dry or flaky skin.

✓ **Shaving** - use a small amount of JooMo[®] Body Wash *3 in 1 Cleanse, Moisturise and Shave* and rinse off. Or apply a small amount *after shaving* and rinse off after 3 to 5 mins.

NOTE: For long term *microbiome support*, a special *Skin Fitness Program* is available.